



**SUBUD BRITAIN
NATIONAL CONGRESS
& FAMILY HOLIDAY
16 – 23 AUGUST 2009**

notes for filling out
**BOOKING FORMS
PLEASE READ
FIRST**



THE VENUE

The Royal Wolverhampton School, Penn Road, Wolverhampton WV3 0EG

DATES

CONGRESS 2009 will begin Sunday afternoon 16th August with arrivals from 3.00pm onwards and will end after lunch on the following Sunday 23rd August with departures by 3.00pm. There will be plenty of different activities for all types and ages. Sunday to Thursday will be the Family Holiday plus first Kejiwaan Morning. Friday to Sunday [arriving Thursday Afternoon/Evening] will be the Delegates Plenary Sessions starting with a Kejiwaan morning on the Friday followed by business matters until Sunday lunch.

SCHOOL ACCOMMODATION

The school accommodation is full board and can be booked for 3 days, 4 days or the full 7-day period. There are two choices standard or basic. Standard accommodation is much the same as usual but with the added feature of 1 safe per person and there is also free Internet connection in every room so if you wish to use this facility, please bring your own laptop. Note that there will also be internet access in the Café. They do not supply table lamps, if you need one please bring your own. Also bring towels, soap and an extra pillow and/or blanket if you need one. Basic accommodation is of a better standard than usual with several single rooms available and even the largest dorm is only 5 beds. All Blocks have common rooms on each floor and all rooms have keys. There is as usual a limited number of ground floor accommodation and there are also some study bunks in both Standard and Basic accommodation so please let Roszala know your age and agility to ensure you get the right space for your needs. If you wish to secure a particular room in [single or twin for example] then you will be able to do this by paying a supplement of an extra £4 per night per person. Couples with children will be offered beds in a family room or adjoining rooms depending on availability. If you are not paying the supplement and/or if we cannot meet your choice, you will be allocated beds in single-sex rooms and/or switched to basic accommodation. If you wish to share a room with a friend then please give their name in the 'Notes' section of the booking form and we will do our best to accommodate you. There will be a swimming pool available at certain times in the day and there are tennis courts if you wish to bring your rackets. If your choice of school accommodation is not available and your second choice is to camp or book accommodation off-site, please say so in the 'Notes' section of the booking form.

SCHOOL ACCOMMODATION IF DISABLED

If you are disabled and/or getting on in years and wish for a ground floor room at the school itself then we have a couple of options but when booking you must make your needs very clear. There are some singles in Dartmouth [next to the camp ground] but this is about a 4 minute walk. Alternatively in the main building we have one house [Litchfield] that has twin rooms only on the ground floor. We will reserve these for those that need them but obviously once they are gone we cannot find more. *We advise early booking to ensure you get the accommodation you would like.*

KEJIWAAN DAY IF STAYING IN A SCHOOL BED

The Kejiwaan day this year will be split into two half days beginning Thursday Morning which is for everyone and considered part of the Holiday. On Friday Morning is the second Kejiwaan session for those participating in the Congress [delegates and others] and is included in the Congress Plenary Sessions part of the week – arrivals will be from 3pm on Thursday. However, if you are attending the Congress part and wish to also participate in the first kejiwaan session on the Thursday morning [which means arriving Wednesday evening] you can select this option and we will try our best to accommodate you but cannot guarantee it. Check with the booking secretary. *NOTE: this does not affect those camping or staying in a hotel.*

CAMPING

There is plenty of space for those who decide to camp this year. There are three options, three, four or seven nights. Please bring your own tents, sleeping bags and cooking equipment [if not taking meals in the school]. Open fires are not allowed. If you so wish you can choose to have all your meals at the school by selecting that option on the booking form. There are showers and toilets in the swimming pool for our use. There is a Supermarket within easy walking distance.

HOTEL ACCOMMODATION

We have made arrangements with the **Goldthorn Hotel** [formerly The Quality Hotel Wolverhampton] for a special rate for Subud members. This is within walking distance to the school so you can leave your car in their car park. The Hotel has a Leisure Centre with sauna and steam room, a gym and an indoor heated swimming pool – for the use of guests and private members only. The rates are as follows: £43 B&B per night for one in a single room, £62 B&B per night for two sharing in

a double or twin room and £53 B&B for one person in a double or twin room. Dinner at the hotel is £12.50 [pre-booked] per person per night. For any who are disabled please note that all rooms in the main part of the Hotel are on the first and second floors and there are no lifts. There are however 6 rooms [two twins and 4 doubles] reserved for us in the Business Centre which has only 6 steps up to the entrance. The Business Centre is on the same site across the car park. The Goldthorn Hotel phone number is [01902] 429216 – please make sure you mention you are with Subud to get these rates – our REF No. is SUB16089. Book your breakfast with them and have lunch and dinner at the school. Should we manage to fill this one there are other Hotels in the area though not as close and no deal has yet been done with them.

OTHER HOTELS

The Fox Hotel [01902] 421680 is about 1/2 mile away from the venue towards the town centre. This is a 2 star hotel. There is a car park, restaurant and bar but no pool or gym. **Barons Court Hotel** [01902] 341751 just over 1/2 mile, in the opposite direction is a small family run hotel with 12 rooms and a home atmosphere. Others include **The Connaught Hotel** [01902] 424433, **The Park Hall Hotel** [01902] 349500, **Hotel [Novotel] Wolverhampton** [01902] 871100, **Ely House Hotel** [01902] 311311, **The Mount Hotel** [01902] 752055.

DELEGATES/HELPERS EXPENSES

If you are attending the plenary sessions as a delegate or delegate helper and wish to get that part of your expense reimbursed then please make your own claim to your group, regional level or national level, in the usual manner. We do not claim on your behalf and you must pay the full amount to us when you book for your stay.

TRANSPORT

If you are travelling by car directions will be sent to you only if you include a stamped addressed envelope with your booking form. Directions are also available on the congress website at www.subud.org.uk/congress. If travelling by air the nearest airport is the Birmingham International Airport [50 minutes by car or taxi]. If travelling by rail the nearest mainline station is Wolverhampton [10 minutes by taxi].

CAFÉ

There will be a Café for snacks and drinks run by the school from 8am until 8pm. The Youth will be running a café in the dining room from 8pm until midnight.

WORKSHOPS

For Wings, Helpers, Delegates or Personal workshop/meeting spaces contact **Ridwan Poole** at [0117] 962 6644.

ACTIVITIES

There will be many activities available for Adults, Youth, Children and Toddlers. Also visits to places of interest are planned. Check out our website for these programmes as they become available.

HELPING HAND FUND

If you are able, you can make a contribution towards the cost of helping those who would not otherwise be able to attend. See 'Helping Hand Fund' on the booking form.

DISCOUNTS

We would like CONGRESS 2009 to be available to all members irrespective of their financial situation. To facilitate this we have created a fund from various sources, including Subud Britain, to provide discounts for members who need them. If you feel that this applies to you and you would like help with a percentage of the fees then contact Ridwan Poole. Closing date July 31st [or before if funds run out].

HELP REQUIRED

We need many hands to lighten the load. Please contact the Team and offer a few hours of your time. See our website for the different Team Leaders and contact them.

HELP WITH ARRIVALS

We will need lots of help with new arrivals on the first Sunday and the change over days Wednesday and Thursday. Those duties include such things as registration, directing traffic, showing people to their rooms, assisting those who need help with their cases etc. If you can help, please contact Ridwan Poole and arrange to arrive at 1.00pm instead of 3.00pm.

CONGRESS WEBSITE

All the contact numbers and everything you need to know about CONGRESS 2009 will appear here first: www.subud.org.uk/congress

CONTACTS

If you do not have access to the Internet and need to contact someone then call: Organiser, **Ridwan Poole** [0117] 962 6644 or ridwan@btinternet.com Bookings Secretary, **Roszala Horton** [0117] 908 1792 or roszala@msn.com *NOTE: Leave out the first '0' if calling from abroad with any of the telephone numbers listed on this form*

ACCOMMODATION RATES & OPTIONS

REGISTRATION FEES INCLUDED IN PRICES

NOTE: All the School prices are passed onto our members at cost. The only part of the rates that cover our expenses are the registration fees.

SCHOOL FULL BOARD ACCOMMODATION includes all meals	SCHOOL STANDARD Adults (16+) Child (5 – 15)	SCHOOL BASIC Adults (16+) Child (5 – 15)
SUN 16 to SUN 23 7 days	Adult £322.00 Child £210.00	Adult £280.00 Child £189.00
SUN 16 to THUR 20 4 days	Adult £184.00 Child £120.00	Adult £160.00 Child £108.00
THUR 20 to SUN 23 3 days	Adult £138.00 Child £90.00	Adult £120.00 Child £81.00

PLEASE READ PARAGRAPH 'KEJIWAAN DAY' PAGE 1 IF STAYING IN A SCHOOL BED'

SUN 16 to WEDS 19 4 days	Adult £138.00 Child £90.00	Adult £120.00 Child £81.00
WEDS 19 to SUN 23 3 days	Adult £184.00 Child £120.00	Adult £160.00 Child £108.50

CAMPING/HOTEL OPTIONS	CAMPING + MEALS Breakfast-Lunch-Dinner Adults (16+) Child (5 – 15)	CAMPING ONLY No meals Adults (16+) Child (5 – 15)	DINNER & LUNCH FOR THOSE STAYING IN HOTEL (incl. Dinner on 1st day) Adults (16+) Child (5 – 15)
SUN 16 to SUN 23 7 days	Adult £210.00 Child £126.00	Adult £98.00 Child £56.00	Adult £150.50 Child £91.00
SUN 16 to THUR 20 4 days	Adult £120.00 Child £72.00	Adult £56.00 Child £32.00	Adult £86.00 Child £52.00
THUR 20 to SUN 23 3 days	Adult £90.00 Child £54.00	Adult £42.00 Child £24.00	Adult £64.50 Child £39.00
SUN 16 to WEDS 19 3 days	Adult £90.00 Child £54.00	Adult £42.00 Child £24.00	Adult £64.50 Child £39.00
WEDS 19 to SUN 23 4 days	Adult £120.00 Child £72.00	Adult £56.00 Child £32.00	Adult £86.00 Child £52.00

NOTE: ARRIVALS ARE AFTER 3PM AND DEPARTURES BY 3PM – EXCEPT FOR DAY VISITORS

DAY VISITOR	LUNCH & DINNER On the same Day Adults (16+) Child (5 – 15)	NO MEALS Adults (16+) Child (5 – 15)
PER CALENDAR DAY	Adult £21.50 Child £13.00	Adult £9.00 Child £5.00

NOTES:

- Toddlers (0 – 4) are FREE
- Each 'day' begins with Dinner and ends after lunch – except for Day Visitors who can order Lunch and Dinner on the same day.
- Everything closes down at Midnight

If you are buying tickets for a full day's meals then coffee / tea at mid-morning and afternoon is included in the price. If not then coffee/tea will be available to purchase in the Café.



- School accommodation is limited – **HURRY**
- Standard: Singles, twins and triples. See description in 'School Accommodation' on page 1
- Basic: Singles, twins, triples, 4-bed and 5-bed. See description in 'School Accommodation' on page 1
- If you wish to secure a particular type of room e.g. single, twin or family room then there is a supplement of £4 per person per night. If your choice is not available your money will be refunded.
- There is no charge for toddlers [0-4]. You might wish to bring your own cot.
- All rooms must be vacated by 10 am on the day of your departure. Storage space for bags will be available if you don't have a vehicle.

Please tick boxes as appropriate

Subud member making this booking (main contact)

Last Name

First Name

Address

Telephone

E-mail

Adult Male Adult Female Vegetarian

Others in your party

(please photocopy extra forms if needed)

Last Name

First Name

Adult 16+ Child (0 – 4) Child(5–15)

Male Female Vegetarian

Last Name

First Name

Adult 16+ Child (0 – 4) Child(5–15)

Male Female Vegetarian

Last Name

First Name

Adult 16+ Child (0 – 4) Child(5–15)

Male Female Vegetarian

Last Name

First Name

Adult 16+ Child (0 – 4) Child(5–15)

Male Female Vegetarian

If you (or any of your party) is attending CONGRESS 2008 as a delegate (eg: Subud Britain office holder, Group Chair, Helper, Regional or National Helper, Organising Team etc) please state capacity. This is for your name badge, NOT for claiming expenses.

NAME

ATTENDING AS

NOTES: Please add any special requirements you may need. eg: Dietary needs, disabilities, share a room with named person etc.

PLEASE CONTINUE ON SEPARATE SHEET IF NECESSARY

Please tick box for the type of accommodation you wish to book

FULL WEEK Sun 16th to Sun 23rd Aug

Tick the type of accommodation you wish to book:

- School Standard (Full board)
- School Basic (Full board)
- Camping (with all meals)
- Camping (No meals)
- Dinner & Lunch (if in hotel)
- Day Visitor (Lunch & Dinner the same day)
- Day Visitor (No meals)

SCHOOL FULL BOARD SUPPLEMENT

If available, I would like at extra cost (£4 per person per night): a single room a twin room

GATHERING & 1ST KEJ MORNING Sun 16 to Thurs 20 Aug

- School Standard (Full board)
- School Basic (Full board)
- Camping (with all meals)
- Camping (No meals)
- Dinner & Lunch (if in hotel)
- Day Visitor (Lunch & Dinner the same day)
- Day Visitor (No meals)

CONGRESS ONLY Thurs 20th to Sun 23rd Aug

- School Standard (Full board)
- School Basic (Full board)
- Camping (with all meals)
- Camping (No meals)
- Dinner & Lunch (if in hotel)
- Day Visitor (Lunch & Dinner the same day)
- Day Visitor (No meals)

GATHERING ONLY Sun 16th to Weds 19th Aug

- School Standard (Full board)
- School Basic (Full board)
- Camping (with all meals)
- Camping (No meals)
- Dinner & Lunch (if in hotel)
- Day Visitor (Lunch & Dinner the same day)
- Day Visitor (No meals)

NOT GUARANTEED See 'Kejiwaan Day' page 1

CONGRESS & 1st KEJ Morning Weds 19th to Sun 23rd Aug

- School Standard (Full board)
- School Basic (Full board)
- Camping (with all meals)
- Camping (No meals)
- Dinner & Lunch (if in hotel)
- Day Visitor (Lunch & Dinner the same day)
- Day Visitor (No meals)

NOT GUARANTEED See 'Kejiwaan Day' page 1



OCCASIONAL DAY VISITOR ONLY

Please indicate days you will be attending by ticking boxes below (Sun 16 and Sun 23 half day only)

Sun 16 Mon 17 Tue 18 Wed 19 Thur 20 Fri 21 Sat 22 Sun 23

TO HELP US PROVIDE THE BEST SERVICES

for you, please indicate the number of adults, children etc by age

0-5 6-12 13-19 20-29 30-59 60+

HELPING HAND FUND

We ask that you consider helping towards those who would not otherwise be able to attend. Suggested contribution £10 per person but anything, smaller or greater, gratefully accepted. Please enter amount: Helping Hand Fund £

FOR PAYMENT PURPOSES please indicate the number of adults, children and toddlers in your party

Adults 16+ Children (5-15) Toddlers (0-4 free)

Payment

£

Total cost for all your party, (include rooms/camping/meals & registration) _____

Add supplement for rooms if applicable (£4 per person/night) _____

Add Helping Hand Fund _____

TOTAL DUE _____

Amount enclosed (minimum payment 20%) _____

Balance due (no later than July 15th 2009 please) _____

Due to the monthly cost incurred for our use of a credit card machine and the fact we only use it once a year we are no longer processing credit or debit cards. Please pay by cheque or postal order and make them payable to SUBUD BRITAIN.

Once completed, send pages 3 & 4 only (with a SAE if in the UK) to:

Roszala Horton,
The Flat, 4 Rockleaze Road,
Sneyd Park, Bristol BS9 1NF
 email: roszala@msn.com

ANY BOOKING QUERIES CALL: (0117) 908 1792

NOTE: Receipts and directions will NOT be sent unless your booking form includes a stamped & addressed envelope